



MIRIKEL™

Reishi Spore Powder

99% Shell-Broken Red Reishi Spore Powder
Echinacea Extract Added



HAVE YOUR FREISHI
START OF A HEALTHY LIFE

ABOUT THE PRODUCT

MIRIKEL Reishi Spore Powder uses shell-broken red ganoderma lucidum (red reishi) spores which are cultivated in a pesticide-free environment. We use the most advanced cryogenic shell-breaking technology to achieve 99% breakage of the red reishi shells, allowing the nutrients to be efficiently absorbed by the human body. With the added echinacea extract, the product encapsulated in 100% vegetarian material is scientifically formulated to maximize immune-modulating functions. It is rich in antioxidants that support the immune system and respiratory health, promoting overall physical wellness.*

- Vegan
- Gluten Free
- Non-GMO
- No added preservatives or additives
- No artificial coloring or flavoring

THE USE OF REISHI IN HISTORY

“...prevent senility, prolong life, as to make one immortal.”

- The Divine Farmer's Materia Medica

The reishi mushroom, also known as Lingzhi or Ganoderma, has been used for over 2000 years as a traditional medicine in China as a medicine that helped to improve overall health and wellbeing.¹ In ancient times, the reishi mushroom was gathered from the wild, but, because it grew rarely, it was reserved for use by the very wealthy. The use and importance of reishi are recorded in many texts, but one of the first is The Divine Farmer's Materia Medica, a text that dates back to the Qin dynasty (221-206 BCE).² The herbs to which the quality zhi was attributed (of which reishi is one) are described as being able to “prevent senility, prolong life, as to make one immortal.” In a sense, reishi is a “mushroom of immortality”¹.



Today, among both Eastern and Western populations, reishi is best known for helping to inhibit the spread of cancer or helping to reduce the side-effects of cancer treatment, and it is often used alongside western medicine for a more holistic approach to treatment.³ The properties and mechanisms of action of reishi have given reason to experts to categorize reishi as a nutraceutical.⁴ Such categorization has helped researchers turn their attention to the plant for research on its discoverable properties and mechanisms of action that help to boost health.

KEY BENEFITS

- Supports a Healthy Immune System*
- Supports Respiratory System*
- Rich in Antioxidants

WHY MIRIKEL REISHI SPORE POWDER?

- Red Reishi (*Ganoderma lucidum*): In traditional Chinese medicine, red reishi is known as one of the nontoxic and harmless supplements that helps promote health and longevity. Modern studies have discovered that it contains several antioxidant molecules, including triterpenoids, polysaccharides, and peptidoglycans that help to support the immune system and respiratory health.*

- 99% breakage of the Red Reishi Shells: Red reishi spores, the essence of red reishi, is wrapped in two layers of hard spore shells, making it difficult for human body to absorb it. MIRIKEL Reishi Spore Powder adopts the most advanced cryogenic shell-breaking technology to achieve 99% breakage of the red reishi shells, allowing you to consume the nutrients more efficiently.

that has been used as herbs by people around the world. It has received increasing popularity due to its effectiveness of combating flu, and colds. In addition to phenols, which are known for their antioxidant properties, echinacea extract also has alkylamides, which can benefit the immune system. What's more, the extract contains polysaccharides, glycoproteins, and caffeic acid derivatives, which can serve as immune-modulating agents that provide further support to the immune system.*

- Vegetarian Capsules: MIRIKEL Reishi Spore Powder is encapsulated in 100% vegetarian material. Vegetarian capsules are better suited for herbs, vitamins, supplements, and powders. These capsules are perfect natural alternatives for people who cannot consume standard capsules for dietary or other reasons.

REISHI WIKI

- There're 62 species of reishi mushrooms;
- The most common reishi are: *Ganoderma lucidum* (red reishi), *Ganoderma tsugae*, *Ganoderma applanatum*, *Ganoderma curtisii*, *Ganoderma sessile*, and *Ganoderma oregonense*;
- The majority of the modern studies surrounding reishi are based on the research on red reishi, as it is considered one of the most effective among all reishi mushrooms;

Q&A

Can you take MIRIKEL Reishi Spore Powder for a longer period of time ?

Yes. The measure of wellbeing is subjective and includes health measures like physical and



supplementation (1.44g daily) with reishi may help to improve your wellbeing, especially over time.⁵

What is the difference between reishi spores and reishi extract?

The key difference is that the reishi extract is derived from the entire mushroom, while the spores are produced by the mushroom towards the end of its lifecycle as a means of reproduction. Studies have shown that reishi spores are more effective and have more health benefits than the mushroom itself.⁶ But, it's considerably difficult to harvest these spores in nature; therefore, MIRIKEL Reishi Spore Powder uses the most advanced cryogenic shell-breaking technology to ensure that your body can absorb the nutrients from the spore directly.

Is MIRIKEL Reishi Spore Powder good for all ages?

Yes. MIRIKEL Reishi Spore Powder is a health food supplement that is useful for all age groups. However, it's always a good idea to consult a qualified physician to determine specific doses and whether you are a good candidate to take reishi as a nutraceutical supplement.

REFERENCES

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Supplement Facts

SERVING SIZE: TWO(2) CAPSULES
SERVINGS PER CONTAINER: 30

		Amount per Serving	% Daily Value*
Calories		0	
Pure & Broken Ganoderma Spores		600mg	†

* Percent Daily Values are based on a 2000 calorie diet.
† Daily Value not established.

OTHER INGREDIENTS

Echinacea Extract, Vegetarian Capsules
(Hydroxypropyl Methylcellulose)

DIRECTIONS FOR USE

Two capsules per serving, two times daily.

WARNING

- Keep out of the reach of children.
- Do not use if the package is damaged or open.
- Do not exceed recommended dose.
- Pregnant or nursing mothers and individual with a known medical condition should consult a physician before consuming this product.

STORAGE

Store in a cool, dry place.

*This product is not intended to diagnose, treat, cure or prevent any disease.

*These statements have not been evaluated by the Food and Drug Administration.