

MIRIKEL ESSENTIALS

ESSENTIAL | NUTRITIOUS | VEGAN



YIJIA SOCIAL MEDIA



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NMN



THE 7 MAIN NUTRIENTS IN THE HUMAN BODY



Carbohydrates



Vitamins



Fats



Proteins



Minerals



Dietary Fiber



Water

The biggest misconception for
modern people is probably this: “I’m full.”

**IT’S VERY LIKELY THAT YOUR
BODY IS STARVING RIGHT NOW!**



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YI A
USA CANADA

What is causing your body to starve right now?

NUTRITIONAL IMBALANCE

Research from the US Centers for Disease Control and Prevention (CDC) indicates that only 10% of the population consumes the national recommended amount of fruits and vegetables.

THE OBESITY RATE FOR ADULTS IN BOTH THE UNITED STATES AND EUROPE IS A SHOCKING **40%**

DEFICIENCY AND IMBALANCE OF KEY VITAMINS AND MINERALS CAN LEAD TO HIDDEN HUNGER. THE BODY MAY NOT BE ABLE TO PERCEIVE THIS IN THE SHORT TERM, BUT IF IGNORED, IT WILL AFFECT HEALTH.

Modern medicine has discovered that 70% of chronic illnesses (including diabetes, cardiovascular disease, cancer, obesity, and suboptimal health) are connected to an imbalanced intake of nutritional elements by the body.

THE RATIO OF NUTRIENTS CONTAINED IN FOOD IS DISPROPORTIONATE TO THE AMOUNT REQUIRED BY THE BODY, SO IT IS VERY DIFFICULT TO SATISFY THE BODY'S NEEDS BY RELYING SOLELY ON DIETARY INTAKE.



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EFFECTIVELY SUPPLEMENT NUTRIENTS

for which daily dietary intake is insufficient, nutrients that are commonly deficient, and nutrients that are needed by the body but cannot be synthesized by the body.



ALGAL OIL DHA

Capsules x2



ALGAL DHA
CAPSULES

RHODIOLA EXTRACT



AMERICAN GINSENG EXTRACT



KEY MINERALS AND KEY VITAMINS

Zinc and Iron

Vitamins B2, B5, B6, B12
Vitamin C

Capsules x1



HEALTHY IMMUNE
CAPSULE

KEY MINERALS

Calcium and Magnesium



KEY VITAMINS

Vitamin A, Vitamin D3, Vitamin K2

Capsules x2



CALCIUM PLUS
CAPSULE

PURE ALGAL OIL

Algal oil is a type of pure, plant-based DHA (docosahexaenoic acid) with a high absorption rate. It belongs to the group of Omega-3 unsaturated fatty acids. It is needed by the body but cannot be synthesized by the body, and can only be consumed through external sources.

DHA is essential for brain and eye development. It can enhance memory, improve vision, and increase stress resistance. At the same time, it has anti-oxidation and anti-aging effects.

HIGH CONCENTRATION

Daily dose contains 1000 mg of high-purity DHA, which can easily satisfy your daily needs.

VEGAN

Pure plant-based Omega 3, no fishy flavor, easy to swallow

SUSTAINABLE

Protect and support the sustainable development of marine resources and abide by the YIJIA basic law of "Animal Cruelty-Free"



POLLUTION-FREE

Real-time monitoring to eliminate heavy metals and plastic pollution

SAFE AND RELIABLE

Without food chain transmission, adolescents, pregnant women and people with high safety requirements can choose with confidence



Incorporate thousand years of Herbal Wisdom

RHODIOLA EXTRACT

Modern medical research has proved that rhodiola contains 35 types of trace elements, 18 types of amino acids, vitamins A, D, and E, and anti-aging activated superoxide.

It helps to eliminate fatigue, relieve stress, assists the body in restoring homeostasis, and improves work performance.



Incorporate thousand years of Herbal Wisdom



AMERICAN GINSENG EXTRACT

Helps to calm the mind and improve concentration,
eliminates fatigue, and regulates blood pressure.



KEY MINERALS: ZINC, IRON

TRIVIA:

1/5 of the global population lacks sufficient zinc intake.

From children's growth and development to adults' reproductive health, from raising immunity to promoting brain health and optimizing memory, zinc has 360° comprehensive nutritional benefits for all age groups. Your hair loss and acne are probably caused by zinc deficiency.

Iron deficiency is the world's most common and widespread nutritional illness. Iron can prevent and alleviate anemia, and relieve symptoms such as memory loss and lack of focus. It effectively combats fatigue and protects your complexion. Iron can help women with asthenia cold to replenish their depleted qi and relieve cold hands and feet.



KEY VITAMINS: B VITAMINS (B2/B5/B6/B12)

Aids metabolism and hematopoiesis, protects nerves, detoxifies, raises immunity, can prevent liver cancer, lung cancer, and stomach cancer.

B vitamins are natural anti-stress agents. They help the body maintain the nervous and endocrine systems to attain emotional balance.

B vitamins are the key to converting carbohydrates, proteins, and fats—the three major nutrients—into energy. The various types of B vitamins all have different energy conversion functions.



THE SIX MAJOR SYMPTOMS OF VITAMIN B DEFICIENCY



Fatigue



Insomnia



Depression/ Irritability



Anemia



Light Sensitivity



Mouth Ulcers/ Hair Loss

KEY VITAMIN: VITAMIN C

Vitamin C improves the immune system's functionality, participates in collagen synthesis, and promotes the absorption of calcium and iron. It is needed by the body but cannot be synthesized by the body, and can only be consumed through external sources.



Vitamin C is a powerful antioxidant. It can protect other antioxidants, such as vitamin A, from succumbing to destructive oxidation.

KEY MINERALS: CALCIUM, MAGNESIUM

Calcium is closely linked to human growth and skeletal development. It plays a crucial role in the physiological regulation of all human cellular functions. There's no system within the human body that isn't connected to it.

Magnesium is extremely important for the body, but it's also extremely easy to lose, which affects the body's immunity. An appropriate amount of supplemental magnesium is helpful for reducing the risk of cardiovascular disease and insomnia.

American scientific research has proved that, after the age of 30 for the average adult male and 28 for adult females, the body's calcium is lost at a rate of **0.3-0.5% per year**. Surprisingly, by age 60, more than **50%** of the body's calcium has been lost.

CALCIUM CITRATE High absorption rate, mild on the stomach, unlikely to cause constipation

MAGNESIUM CITRATE Improves bipolar disorder, insomnia, and muscle tension; preserves a clear body and mind.

FAR BETTER THAN THE INORGANIC CALCIUM AND INORGANIC MAGNESIUM USED IN 90% OF SIMILAR PRODUCTS.



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KEY VITAMINS: VITAMIN D3, VITAMIN K2

TRIVIA 1

More than 1 billion people worldwide have insufficient or deficient levels of vitamin D.

Vitamin D can maintain bone health. Deficiency can lead to: Osteoporosis, osteomalacia, loss of appetite, etc.

Vitamin D3 helps with skin repair and growth, regulates immune system, and improves symptoms of seasonal affective disorder (SAD)

It is difficult to satisfy the body's vitamin D3 requirements through diet alone. Human skin can synthesize vitamin D3 through exposure to sunlight, however in modern life, people spend less time outdoors, and less sun exposure. Moreover, the ability to synthesize decreases with age, so an extra supplement is an absolute necessity.

TRIVIA 2

Israeli research: Vitamin D deficiency may increase the rate of serious illness and death from COVID-19.

Vitamin K is related to coagulation functions, and strengthen osseous tissue. Deficiency can lead to: Blood not coagulating, wounds not healing, and osteoporosis.

Vitamin K2 has a physiological function to accelerate coagulation, and can aid memory.

Vitamin D3 and vitamin K2 both participate in metabolizing calcium and maintaining skeletal health.

KEY VITAMIN: VITAMIN A

Vitamin A is extremely important for enhancing visual function and the immune system. The body needs it to maintain normal metabolism and functionality, and it's also very easy to become deficient. At the same time, it's a powerful antioxidant that helps with anti-aging and maintain skin elasticity.

What are the symptoms of vitamin A deficiency?

Night blindness | Hair loss | Dry eyes
Dry skin | Susceptibility to infection



POSITIVE SYNERGY 1+1»2

AN OPTIMAL COMBINATION WAS METICULOUSLY SELECTED,
CAPITALIZING ON SYNERGY BETWEEN THE KEY NUTRIENTS TO ENHANCE BIOAVAILABILITY.

For example: Vitamins A and C work together to promote iron absorption; zinc takes part in the metabolism of vitamin A, Algal oil promotes absorption of fat-soluble vitamins A, D, and K.



ALL THE BEST, GIVEN TO YOU
IN THIS ONE SMALL POUCH.

**ALGAL DHA
CAPSULES**



Helps support eye health*
Helps support normal brain function*
Helps maintain good health*

**HEALTHY IMMUNE
CAPSULE**



Helps relieve restlessness and/or nervousness*
Helps maintain a healthy immune system*
Promotes healthy glucose levels*

**CALCIUM PLUS
CAPSULE**



Adequate calcium and vitamin D
(along with physical activity)
may help prevent bone loss/osteoporosis*
Help maintain proper muscle function*

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YIJIA
USA & CANADA

VEGAN

MANUFACTURED IN A GMP CERTIFIED FACILITY

NO ADDED SUGAR

NO GLUTEN

NO ARTIFICIAL COLORING

NO PRESERVATIVES



THIS PRODUCT
IS NATURAL,
SAFE, VEGAN,



AND HAS AN
“HERBAL” SCENT.



**SIMPLIFY WHAT IS COMPLICATED
REPLACE THE BOTTLES AND CANS**

MIRIKEL ESSENTIALS

believes that simplicity leads to persistence
and persistence leads to results

SCIENTIFIC PROPORTIONS

REJECTING INEFFECTIVE SUPPLEMENTS

PROFESSIONAL R&D TEAM WITH

OVER 30+ YEARS OF EXPERIENCE



**PROUDLY
MADE IN CANADA**

**ACCORDING TO GLOBAL FOOD SECURITY
INDEX 2020, CANADA RANKS NO.1 IN THE
CATEGORY OF “QUALITY AND SAFETY”.**

*NPN 80109453
NPN 80110368
NPN 80109447*

MIRIKEL ESSENTIALS

YIJIA
USA & CANADA

PRICE BEFORE TAX

USD 55/ box CAD 65/ box
25 BV/ box

30 sachets/ box, 1 month supply

USD 1.8/ day CAD 2.2/ day



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