



TOP REVIEW



"I REPLACE MY BREAKFAST AND DINNER WITH MIRIKEL BALANCE FIVE AND HAVE A PORTIONED MEAL FOR LUNCH; IT HAS BEEN HELPING ME REACH MY DIET GOALS AND REGAIN MY ENERGY!" **#LoveBalanceFive**

YIJIA

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MIRIKEL™ Balance Five Meal Replacement

BALANCE FIVE, BALANCE LIFE

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BALANCE FIVE BALANCE LIFE



VEGAN | NON-GMO | NO SUGAR ADDED
NO ADDED PRESERVATIVES OR ADDITIVES
NO ARTIFICIAL COLORING OR FLAVORING

Made in the USA

MIRIKEL™ Balance Five Meal Replacement

Whether it's for your life on the go, daily exercises, or those afternoon cravings, MIRIKEL Balance Five is designed to give you a yummy boost. The product includes five types of foods that are essential to your well-being. The formula has perfectly balanced 25 types of carefully selected grains, legumes, nuts, fruits, and vegetables to provide you with a healthy blend of protein, healthy fat, fiber, vitamins and minerals. Balance Five keeps you full and more energetic, helping you manage your weight and benefiting your fitness training.*



Supports Weight Management*



Boosts Energy*

FEATURED INGREDIENTS & KEY BENEFITS

Grains

Balance Five includes beneficial wholesome grains such as black sesame, malts, black rice, black glutinous rice, brown rice, and oats. They are rich in various nutrients, including high fiber content, B vitamins, and minerals. A high fiber supports a healthy bowel function and satisfies the appetite by providing a feeling of fullness, while B vitamins help the body release energy from protein, fat and carbohydrates. These grains also contain phytochemicals that are clinically studied to benefit a healthy and balanced diet.*



Legumes

Balance Five is also powered by legumes, including black soya beans, soybeans, mung beans, ginkgo, and plantain seeds. In addition to B vitamins, they are a good source of minerals such as iron, calcium, phosphorous, zinc and magnesium that provide various health benefits. For those who are on a vegetarian or vegan diet, legumes are an ideal substitute for meat. They are made up of protein and carbohydrates, therefore provide your body with energy.*



Fruits & Vegetables

A balanced diet should always include fruits and vegetables. Balance Five has carefully selected red dates, raspberries, tomatoes, broccoli, radishes, lutein, and hawthorn to meet your health needs. They contain a wide variety of nutrients including potassium, fiber, folate (folic acid) and vitamins A, E and C that are vital for health and maintenance of your body.*



Nuts

The science-based formulation has also included nuts such as walnuts and almonds. Almonds are high in fiber, vitamin E, and magnesium, whereas walnuts are rich in omega-3 fats, antioxidants, and phytosterols. They are studied to boost your energy and maintain your weight.*



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.